



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

www.grandtraverse.org/scn

Making longer lives better lives.

FOR IMMEDIATE RELEASE

Date: Tuesday, December 20, 2016

Contact Person/Title: Ericca Hovie / Program Coordinator

Phone/Email: 231-922-4911/lwells@grandtraverse.org

Subject: Calling for Senior Odyssey Team Members

On Wednesday, January 18 at 3:30 p.m., the Traverse City Senior Center will host an open house for those interested in joining a Senior Odyssey team.

This is an opportunity to join the two-time champion team from Traverse City. This is a playful, creative, team event. Based on "Odyssey of the Mind", this event promotes cognitive health and vitality in adults through creative problem-solving activities. Allowing adults to use lifelong experiences, knowledge, and skills in new and innovative ways, participants work together to solve "long term problems" by creating scenarios that address them, and "spontaneous problems" requiring creative responses within a limited time. Team practices are fun and informal, and meet once a week until the competition in April. Then the team travels to statewide competition.

Kim Schmitz, owner of Acts of Love Home Companions, is the team coach. Kim has coached Odyssey of the Mind Divisions I, II and III for 12 years taking teams to the World Finals twice. Watching the kids grow in self-confidence and communication skills has been her motivator and she is looking forward to taking this to the senior level.

"This is a great program for anyone looking to make new friends, push themselves creatively and have a great time," says Ericca Hovie, Program Coordinator.

Advance registration is required. For questions, please call 231-922-4911.

Grand Traverse County -

###

The Senior Center Network, part of the Grand Traverse County Parks and Recreation Department, offers diverse programs to older adults in Grand Traverse County. Thousands each year enjoy dozens of activities on a daily basis at locations in Traverse City, Acme, Fife Lake, Interlochen, and Kingsley. Business hours are Monday through Friday, from 8 a.m. to 5 p.m. For more information, call 231-922-4911, or visit www.grandtraverse.org/scn or our Facebook page.