



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

www.grandtraverse.org/scn

Making longer lives, better lives.

FOR IMMEDIATE RELEASE

Date: October 3, 2017

Contact: Lori Wells, Manager

Phone/Email: 231-922-4911/lwells@grandtraverse.org

Subject: Comfort Food Color Cruise

Traverse City – Every year in October we have a few fleeting weeks to tour the amazing, vibrant color here in northwest Michigan. This year, experience the fall colors by taking a comfort food color cruise with Comfort Keepers.

The color cruise is set for Friday, October 20 and will be visiting all of the Senior Center Network's locations. There will be a 3:30 p.m. pickup at Kingsley, 115 E. Blair Street, and Interlochen, 9700 Riley Road, to bring participants to the Traverse City Senior Center, 801 E. Front Street, for the kick off program at 4 p.m.

Participate in a progressive style dinner, while enjoying the beautiful fall colors. The tour begins in Traverse City at 4 p.m. with appetizers and drinks, goes to Acme for rolls and salad, then to Kingsley for an entrée and ends in Interlochen with dessert.

Comfort Keepers new program, meals by Simply To Go in partnership with Northwestern Michigan College's dining program operated by Sodexo, is providing all of chef prepared food.

In addition to the food, games, goody bags and prize drawings will keep the fun going throughout the entire tour. The color cruise is free, but there is limited space available, so advanced registration is required by Friday, October 13.

For more information and to register by October 13, email dmikowski@grandtraverse.org or call 231-922-4911.

###

The Senior Center Network, part of the Grand Traverse County Parks and Recreation Department, offers diverse programs to older adults in Grand Traverse County. Thousands each year enjoy dozens of activities on a daily basis at locations in Traverse City, Acme, Fife Lake, Interlochen, and Kingsley. Business hours are Monday through Friday, from 8 a.m. to 5 p.m. For more information, call 231-922-4911, or visit www.grandtraverse.org/scn or our Facebook page.