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FOR IMMEDIATE RELEASE

Date: March 7, 2018

Contact: Lori Wells, Manager

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Subject: Adult Bike Repair Class

Traverse City – For many of us, maintaining our bicycle is only as complicated as dropping it off at the cycle repair shop. However, some people have the desire to repair their own bikes, but lack the skills. To gain the basic skills necessary to fix or maintain your bike, join a qualified mechanic from McLain Cycle on Thursday, either April 5 or 12, 6 p.m., at McLain Cycle and Fitness, 2786 N. Garfield Road, in Traverse City.

Whether you use local trails, the roads or go cross-country, learn the basics of bicycle maintenance and repair, including topics such as flat tire repair, minor adjustments, cleaning and lubrication, and the importance of proper fit. When you know how to do the repairs right, you won't have to worry about being stranded by the roadside or on the trails.

The cost of the class is \$5. Advanced registration is required.

For more information and to register, email dmikowski@grandtraverse.org or call 231-922-2080.

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