

For Immediate Release

Blair Elementary School Receives a Silver Award

On Thursday, May 10th, 2018 Blair Elementary School, along with 40 other schools throughout Michigan, was recognized at the Michigan State Capitol building for excellence in creating a culture of wellness in their school. The elementary received a Silver Award for their healthy school endeavors! Blair Elementary School, along with assistance provided by Michigan State University Extension, applied for the School Wellness Award which recognizes schools who are making significant policy and environmental improvements in their environment related to healthy eating, physical activity, and tobacco-free lifestyles. During the ceremony, held in the Michigan State Capitol rotunda, representatives from Blair met with and were congratulated by Larry Inman, Representative of the 104th District. Blair Elementary School has had a Healthy School Team since 2016. This team includes staff, students, food service, health instructors, and community organizations. They meet regularly to discuss and implement new programs, activities, and opportunities for students and staff to enjoy creating healthy habits. Among other health initiatives, Blair is an active participant in Fuel Up to Play 60 and the Smarter Lunchrooms Movement.

To receive an award, schools are graded on areas such as their School Health Team, wellness assessment and planning, health policies and practices, healthy eating and nutrition education, physical education and physical activity, tobacco-free lifestyles, as well as the school environment and successes.

The School Wellness Award is sponsored by the Michigan Department of Health and Human Services, in partnership with the Michigan Department of Education, United Dairy Industry of Michigan, Blue Cross Blue Shield of Michigan, Michigan Action for Healthy Kids, and Michigan's Health and Wellness Education Workgroup. These partners want to honor schools that are working hard to create healthier school environments.

Picture included below:



Left to Right: Samuel Walter (Blair Elementary School 5th grade teacher and Healthy School Team member), Caitlin Lorenc (Michigan State University Extension), and Larry Inman (104th District Representative).