



# GRAND TRAVERSE COUNTY HEALTH DEPARTMENT

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**Immediate Release:  
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## **Grand Traverse County COVID report and case update, Nov. 6 - 8**

The Grand Traverse County Health Department is reporting 82 new cases of COVID-19 since Friday, November 6, 2020, bringing the cumulative case total to 982 with 520 recovered and 14 deaths, leaving 448 active cases.

**If you are a newly diagnosed/COVID 19+ tested case, please self-isolate.** Due to the continued large volume of cases and case investigations needing to be completed, the Grand Traverse County Health Department is asking for your patience and cooperation until we can reach you directly. Additionally, notify any of your close contacts that they will need to quarantine for 14 days from their last contact with you, until contact tracing can be completed and to monitor for symptoms. If symptoms arise, get tested. If you have school-age children, they should stay home from school and all school related activities as part of their quarantine.

**See additional attachment for guidelines.**

While conducting case investigations, the below locations, during the specified dates and times were determined to be a place of potential public exposure. **Exposure sites not open to the public are contacted directly.**

**City Clerk's Department:**  
Governmental Center (400 Boardman Ave.)  
Monday, November 2 from 4:00 - 4:30 pm

**Charter Township of Garfield Office:**  
3848 Veterans Drive  
Monday, November 2 from 4:45 - 5pm

**Garfield Twp. Fire Station polling location:**  
3000 Albany St  
Tuesday, November 3 from 7:25 - 8:15 am **AND** 3:30 - 4 pm

If you were present at the above locations during the listed time periods, you should self-monitor for COVID-19 symptoms for 14 days since the possible exposure, **particularly if you were not wearing a mask or maintaining 6 foot distance from others.**

Symptoms include: fever, cough, shortness of breath, vomiting, diarrhea, muscle aches, repeated shaking with chills, headache, sore throat and new loss of taste or smell.

**Anyone that is self-monitoring as a result should have a heightened sense of awareness that you could become infectious at any point during the 14-day self-monitoring period. Please keep this in mind when interacting with family, friends and the public.**

From November 6 - 8, Grand Traverse County Health Department completed **45** case investigations for confirmed COVID-19 cases. The following is information known at this time:

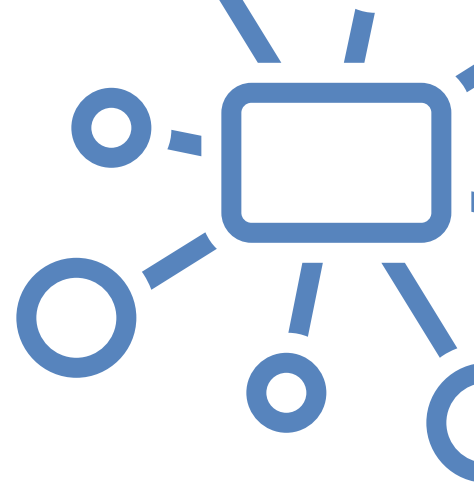
- All 45 cases are primary residents.
- Ages:
  - 0-19
  - 20-29 8
  - 30-39 12
  - 40-49 9
  - 50-59 6
  - 60-69 7
  - 70-79 3
- Symptomatic: **41**                      Asymptomatic: **4**
- **4** are linked to travel either into or out of the area as reported during the case investigation
- **1** is linked to large group gatherings or social events
- **17** cases were known close contacts to other positive cases
- Approximately 90 close contacts were identified, notified, and instructed to quarantine.

Case Investigations were also completed on **0** probable cases (individuals who were close contacts of a positive COVID case who became symptomatic during their quarantine).

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# IF YOU TEST POSITIVE FOR COVID-19



With the increase in COVID-19 cases in our area, you might not hear from the health department right away. We ask everyone to follow these steps to help stop the spread.

**Start isolating yourself right away.** Stay home except for medical care. Let your employer know you have COVID-19.

**Notify your close contacts** so they can start to quarantine themselves.

- Close contacts = those who were within 6 feet for more than 15 minutes total in a 24 hour period, when the person was contagious.
- Contagious = starts 2 days before symptoms appear (or 2 days before positive test, if no symptoms), through the end of the isolation period.

**You can resume normal activities when**

- 10 days have passed since symptoms started (or test date if no symptoms),  
**AND**
- you are fever-free for 24 hours,  
**AND**
- your symptoms have improved.



If you need an isolation or quarantine letter for your employer, you can call the health department @ (231) 995-6801, and leave a message.



## CLOSE CONTACTS: QUARANTINE INSTRUCTIONS

Start quarantining right away if you are told you are a close contact.

Stay home except to get medical care. Close contacts of a positive case (<6 feet, 15+ minutes total) need to quarantine for 14 days from your last contact to COVID+ person while they were considered contagious and monitor for symptoms. If you develop symptoms, get tested.

You cannot test your way out of quarantine, however. Because the incubation period of this virus is long, close contacts need to stay home 14 days from your last contact, even if you receive a negative test result.