



**Grand Traverse County
Senior Center Network**

801 E. Front St.
Traverse City, MI 49686
231-922-4911
www.gtcoa.org

FOR IMMEDIATE RELEASE

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Subject: Begin the Year with a Journey to the ‘Senior Odyssey of Michigan’

The deadline is fast-approaching for teams of 5 – 7 individuals to enter this unique program, based on Odyssey of the Mind, which promotes cognitive health and vitality in adults through creative problem solving activities. Allowing adults to use lifelong experiences, knowledge, and skills in new and innovative ways, participants work together to solve ‘problems’ by creating scenarios that address them, as well as, ‘spontaneous problems’ requiring creative responses within a limited time. Perfect for those who enjoy creative thinking, teams will practice, at least weekly, until the state-wide competition on April 18, 2015, at Allendale High School. Please contact the Senior Center Network at 231-922-4911 by January 7, 2015, if you are interested in participating.

Lori Wells, Deputy Director
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The Senior Center Network is part of the Commission on Aging, “Caring For Those Who Cared For You.” The Network provides many programs to older adults in Grand Traverse County. There are locations in Traverse City, Acme, Fife Lake, Interlochen and Kingsley. Thousands of seniors enjoy dozens of activities on a daily basis. Business hours are Monday – Friday 8 am – 5 pm. Call 922-4911, check our website or FaceBook page for more information.