



Grand Traverse County Commission on Aging Senior Center Network

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FOR IMMEDIATE RELEASE

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Subject: Senior Center Now Offering a Social Brain Game Club

Finding success earlier this year with the statewide Senior Odyssey of the Mind competition where the team from Traverse City took home first place, the Senior Center has begun a social brain game club incorporating the style of fun problem solving from the Senior Odyssey.

The brain game club promotes cognitive health and vitality in adults through creative problem solving activities by allowing them to use lifelong experiences, knowledge, and skills in new and innovative ways. Participants work together to solve ‘problems’ by creating scenarios that address them, as well as, ‘spontaneous problems’ requiring creative responses within a limited time.

“It’s fascinating to see some of the solutions that the group comes up with while making new friends along the way,” says Ericca Hovie, Program Coordinator. Leading the group is Jamie Wheelock, the Regional Director for Odyssey of the Mind. This club is perfect for those who enjoy creative thinking and are interested in fun new challenges each week. Club meets every Thursday at 11:00 a.m. at the Senior Center. Advance registration requested but drop ins are welcome. Questions? Call 231-922-4911 or email dmikowski@grandtraverse.org.

The Senior Center Network is part of the Grand Traverse County Commission on Aging – “Caring for those who cared for you” for 40 years.