

Hello from Hospice House,

You continue to be on our minds and in our hearts during this unprecedented time. We know how helpful it is to stay connected even as we maintain responsible “social distancing”. As mentioned in our previous mailing, due to our inability to hold our support groups in person, we will be conducting our grief support groups by telephone conference calls. As always, each group will be facilitated by one of our caring bereavement team staff. We encourage you to join us and reap the benefits of sharing with those who understand. Simply follow these easy steps:

1. Every Tuesday at 11am the “Senior Center” Grief Support Group will take place via telephone
2. **RSVP:** Anyone that wants to attend needs to RSVP first to either [HospiceBereavement@mhc.net](mailto:HospiceBereavement@mhc.net) or 800-252-2065 to receive a passcode. Turnaround time will be quicker via email. You will only have to RSVP one time and the passcode will be good every group moving forward
3. **CALL:** At the time of the call dial **231-213-0100**. If the line is busy try: 231-935-3400
4. **CONFERENCE ID:** At the prompt for conference ID enter **21932#**
5. **PASSCODE:** When prompted, enter the passcode you received from the Bereavement Office followed by the # sign
6. **JOIN:** Announce yourself and join the group!

We hope these phone groups will offer a space for connection and healing as you navigate this uncertain time with your already broken and vulnerable heart. You may contact Bereavement Services at any time by calling **1-800-252-2065** for individual support and/or information about our bereavement services.

Holding you and yours in loving light,

Erin Gray, M.A., LPC, CAADC  
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