



801 E. Front Street, Traverse City, Michigan 49686

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www.grandtraverse.org/scn

Making longer lives, better lives.

Week of June 1, 2020

Dear Senior Center Friends – Curbside Meals Week Eleven:

New this week: Graduation Week

I hope you will indulge me as I make this week's letter a bit personal. Our youngest child will graduate from high school this week. It has certainly not been the year we have all anticipated for her, but it has certainly turned into one that we will never forget. Although our "Senior" has experienced many losses this year, we've also discovered many blessings. Being quarantined together has given me the strength to let her go off to college (whenever that is). Letting the last one leave the nest, I thought would be unbearable, turns out, not so much ☺ So many of you have been right along beside me these past 27 years, giving me advice on those terrible twos and sassy teenagers. Your words of wisdom have helped me maintain my sanity and allowed me to fill with pride as I watched our three children grow into amazing humans. Thank you!

Having the Senior Center void of people since mid-March, has been a very strange feeling for all of us. Oddly enough, some of us have realized we're having longer, more in-depth and thoughtful conversations with many of you. The phone calls we're making have allowed us to have a greater connection with you and share more than a "Hello" and "See ya'll later" exchange. Don't get me wrong, as much as we're treasuring these deeper relationships, we want you back! We're anxiously waiting for the June 12 deadline to see if restrictions will be lifted to allow for added senior center programming. Meanwhile, we are anticipating some outdoor activities and one-on-one services to start back up shortly. Updates will be coming out in the next issue of "People, Parks, and Programs." Until we are back together, please take good care of yourself and your friends. Stay home if you are able and call us if you need help. We are HERE!

I know many of you really appreciated the fresh produce last week. What a wonderful surprise to be able to share that with you. We hope to be able to offer this again and when we do, you will be contacted.

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals were given to you with instructions on how to make a donation to cover cost, if you are inclined to do so. No obligation.

Lori Wells

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