



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

www.grandtraverse.org/scn

Making longer lives, better lives.

Week of June 29, 2020

Dear Senior Center Friends – Curbside Meals Week Fifteen:

New this week: Senior Center resumes SOME activities

This is big news for all of us! Due to having some restrictions lifted, the Senior Center is able to resume some of our activities. We have started Pickleball, Tennis, Hiking, Line Dancing, and Yoga on the Beach. Notice a theme here? They are outside! Programs outside allow us to maintain safe, physical, distancing of at least six feet and reduces the exposure for everyone. Although outside, we are requiring COVID safety precautions be followed. We're screening everyone for symptoms and asking questions about how well they have been social distancing. Little by little, we hope to resume other activities and as we are able will begin to open indoor activities. For now, the inside of the building is only open, by appointment. If you have a need to speak with a staff person, please call the office and you will be given an appointment. Please continue to show us grace and patience as we resume activity. We can't wait to see you all, we just want to make sure we resume activities safely and responsibly.

THEME of the WEEK: Fourth of July and Family Picnics

Remember to protect your pets during what will likely be a week of fireworks and booms!

NEXT WEEK'S THEME: Christmas in July! Wear your Red, White and Green and help us celebrate Christmas a little early.

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals were given to you with instructions on how to make a donation to cover cost, if you are inclined to do so. Please understand there is absolutely NO OBLIGATION to pay for the meals. We understand this is a difficult time for everyone. We would be devastated to learn of anyone who wasn't taking meals because of lack of funds.

Lori Wells

Senior Center 231-922-4911

Commission on Aging 231-922-4688