



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

[www.grandtraverse.org/scn](http://www.grandtraverse.org/scn)

## *Making longer lives, better lives.*

Week of July 6, 2020

Dear Senior Center Friends – Curbside Meals Week Sixteen:

### **New this week: Senior Center Open by Appointment Please**

The Senior Center is open by appointment only. Please call ahead before visiting us, so that we can be prepared for you. We really hope it won't be much longer before we can resume normal activity, but in the interest of your safety, we are exercising COVID Caution. We hope to start reaching out to the various groups who have met at the senior center to start the conversation about what "resuming activity" looks like. Some groups that had 10 or fewer in attendance, may be able to start back up quicker than others. Groups that have zero physical contact, will likely start up sooner than say card groups or the lunch program. We are looking at each program very carefully to discern the best way to get them back on the schedule. Thank you for patience, and your kindness. We get so many notes and expressions of gratitude and appreciation for what staff is doing to serve you, thank you for that. Let's hope it won't be much longer before we are together again.

**THEME of the WEEK:** Christmas in July! Keep your eyes open, you may see Santa or one of his elves! Enjoy the cherry treat prepared for you by staff and volunteers. This would have been the week of Cherry Festival, so we wanted to be sure you had a sweet treat!

**NEXT WEEK'S THEME:** Beach Party! Beach balls, sandcastles, and water toys, all sound like summer to me! The beach in Traverse City, has been very busy. I hope you can take some time to come down with your lawn chair and enjoy the view. It's been so beautiful!

If you haven't heard, we now have Q-Boxes that you may have upon request. Each box has pasta, rice, cornflakes, pasta sauce, canned chicken and tuna, canned vegetables and fruit, peanut butter and more. Call us at 231-922-4911 and we can make sure you get one.

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals were given to you with instructions on how to make a donation to cover cost, if you are inclined to do so. Please understand there is absolutely NO OBLIGATION to pay for the meals. We understand this is a difficult time for everyone. We would be devastated to learn of anyone who wasn't taking meals because of lack of funds.

*Lori Wells*

Senior Center 231-922-4911

Commission on Aging 231-922-4688

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