



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

www.grandtraverse.org/scn

Making longer lives, better lives.

Week of July 20, 2020



Dear Senior Center Friends – Curbside Meals Week Eighteen:

New this week: Project Fresh Vouchers!

Have you heard of Project Fresh? The Senior Center gives out vouchers valued at \$40.00 per person to be used to purchase fresh produce at participating local farm markets. We have about 20 left and if you haven't gotten yours, please call Debra soon! To be eligible for the vouchers you must be a Grand Traverse County resident, age 60+ with a monthly income at or below \$1,926.00 for a single household or \$2,607.00 for couple. This is a great way to support our local farmers and give you access to wonderful fresh foods.

THEME of the WEEK: It's a Zoo around here! We're celebrating our furry friends and having some fun with an animal theme! Hope we don't scare you with the lions and zebras we had on site today! Our pets are our family and if you're having difficulty caring for them, reach out for help. We hope you enjoy the little treat we provided today. Please be sure to pay special attention to your pets during these hot summer months, keep them hydrated, watch for signs of illness and keep them safe and healthy.

NEXT WEEK'S THEME: "and the Oscar goes to..."

We'll celebrate Hollywood and the movies that have kept many of us entertained during this pandemic. I hope you've had a chance to watch some old movies that take you back to when you were a young whipper snapper. 😊 Many television channels have been showing old sit-coms and old movies during COVID. Our local library has a vast array of movies to rent, you can order online or call them and they will have them waiting for you. Our Fife Lake library has a large supply of VHS movies for those of us still using our VCR's. Take time and enjoy a trip down memory lane.

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals you picked up with instructions on how to make a **donation** to cover cost, if you are inclined to do so. Please understand there is absolutely **NO OBLIGATION** to pay for the meals. We understand this is a difficult time for everyone. We would be devastated to learn of anyone who wasn't taking meals because of lack of funds.

Lori Wells

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