



801 E. Front Street, Traverse City, Michigan 49686

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www.grandtraverse.org/scn

Making longer lives, better lives.

Week of September 7, 2020

Dear Senior Center Friends – Curbside Meals Week Twenty-Five:



THEME of the WEEK: Back to School

I think no matter what age we are, the first week in September brings back memories of “back to school.” School supplies, new shoes, the anticipation of meeting the new teacher, and reconnecting with our friends from last year. September 11, 2020, marks my 30th Anniversary with the Senior Center and every fall since then, we have planned educational programs, fall prevention sessions, meet and greets, and keep with the theme of “Back to School (Center).” Traditionally, this would be the month for our summer luau – I vividly remember September 11, 2001, when news was breaking about the twin towers in New York City – we were expecting 300 seniors for a pig roast on the beach. This year, things are different, but I hope you’re able to think back to last Fall or the falls before that and the fond memories of the season. Who was your favorite teacher? What was your favorite subject? What did you learn in school that you think they should be teaching today? What do you think about cursive writing – should it still be taught in school? Did you ever imagine there would be a time in history that students would stay at home and get their schooling virtually, by computer? Times they are a changing – how have the last six months changed you?

NEXT WEEK’S THEME: Peace Week

Tranquility, calm, restfulness, quiet, quietude, silence, hush, noiselessness, stillness, still, privacy, seclusion, solitude, isolation, retirement.

What does Peace mean to you?

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can’t, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals you picked up with instructions on how to make a **donation** to cover cost, if you are inclined to do so. Please understand there is absolutely **NO OBLIGATION** to pay for the meals. We understand this is a difficult time for everyone. We would be devastated to learn of anyone who wasn’t taking meals due to cost.

Lori Wells