



801 E. Front Street, Traverse City, Michigan 49686

231-922-4911

[www.grandtraverse.org/scn](http://www.grandtraverse.org/scn)

## *Making longer lives, better lives.*

Week of October 19, 2020

Curbside Meals Week Thirty-one

Dear Senior Center Friends –



The time has come for me to share the joy of being your Senior Center Director with someone else. My last day at the Senior Center will be Friday, November 13, 2020. I am RETIRING after thirty years! This may come as a shock to some of you and maybe not so much to others. I have been at the Senior Center since 1990. I was 25 years old, with no idea what a Senior Center even was. I had never been to one and I had never even heard of this one. I had perceptions of what growing old was and I can tell you this, it's not what I thought. You all have shown me what growing older CAN be, when you make the decision to age successfully. What a thrill it has been for me to watch some of you find new love, learn a new skill, lift up others with your talents, and even dress up for Halloween at 90 years young! We've shared so many laughs, gaffs, sweat, and tears. We've traveled the world and we've shared a dream. What a hoot and what a blessing these years have been. This has truly been the best time of my life. Some of you have been with me through three babies, who are now all out on their own, living wonderful lives. Others of you may not even know me, but who knows, we may just meet on the pickleball courts or the euchre table, one day. To ALL of you, I say Thank you! The Senior Center future is bright – Trust me!

**THEME of the WEEK: Disney Edition**

**NEXT WEEK'S THEME: Ghost Stories**

With Halloween, comes thoughts of ghost stories!

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals you picked up with instructions on how to make a **donation** to cover cost, if you are inclined to do so. Please understand there is absolutely **NO OBLIGATION** to pay for the meals. We understand this is a difficult time for everyone. We would be devastated to learn of anyone who wasn't taking meals due to cost.

*Lori Wells*