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## *Making longer lives, better lives.*

Week of November 2, 2020

Dear Senior Center Friends – Curbside Meals Week Thirty-three



**THEME of the WEEK:** All Politics Aside...

Please note that from December 2020 through February 2021 we will not be having curbside meal service at our senior center locations. With our winter months come potential snow storms, icy roads, cold weather, and unpredictable weather. I feel it is in the best interest of your and our staff's safety to not try and fight with Mother Nature. If you would like to continue receiving meals during these months you can contact the Meals on Wheels program and they will deliver your same bag of five meals to your home! How is that for excellent service? We will miss your faces and I know you will miss ours too. We will be back on curb this Spring or back inside (fingers crossed). If you'd like to start getting your meals delivered to your home please call 231-947-3780 if you live in Grand Traverse, Leelanau, Wexford, Missaukee, or Manistee county and ask for the Meals on Wheels program. If you live outside of these counties please call your county commission on aging. When you call you will be asked some basic intake questions to get signed up and your service can start in December. Volunteer drivers deliver the meals to your home, they do not enter your home. Arrangements are made to leave them on the porch or near your front door for easy access. Your intake person will work through this with you when you sign up.

All curbside customers will be offered a box of shelf stable food to keep on hand for this winter when Mother Nature hits us with a snowstorm. You'll be contacted when they are ready for pick up.

**NEXT WEEK'S THEME:** Soup for the Soul

Our thanks to Meals on Wheels for collaborating with us to prepare the Curbside Meal Services during COVID 19. If you are unable to get out or know someone who can't, please contact Meals on Wheels at 231-947-3780 to see about being put on the delivery route. Monthly, Meals on Wheels will send out statements indicating how many meals you picked up with instructions on how to make a **donation** to cover cost, if you are inclined to do so. Please understand there is absolutely **NO OBLIGATION** to pay for the meals. We understand this is a difficult time for everyone. We would be devastated to learn of anyone who wasn't taking meals due to cost.

*Lori Wells*